Davis Senior High School - Winter 2019-20 Sports Tryout Info

Online athletic registration <u>must be completed at least 3 days PRIOR to tryouts</u> so that your info can be reviewed and cleared by the Athletics Office. After it is cleared, you will receive a confirmation email that you will <u>need to print and bring to the first day of tryouts</u> in order to participate. <u>www.athleticclearance.com</u>

BOYS BASKETBALL

Varsity Coach:Dan Gonzalezdgonzalez@djusd.netJV Coach:Michael Mueckmmueck@djusd.netFrosh Coach:Dino Clarkdclark@djusd.net

Tryouts begin Monday, November 4 in the DSHS North Gym

Varsity: Nov. 4-6 - 4:00-5:30pm; Nov. 7-8: will be announced at tryouts JV: Nov. 4-6 - 5:30-7:00pm; Nov. 7-8: will be announced at tryouts

Frosh: Nov. 4 - 5:30-7:00pm DHS; Nov. 5 - 6:45-8:15 Harper Nov. 6-8 will be announced at tryouts

Varsity pre-season conditioning: contact Coach Gonzalez

<u>JV</u> pre-season conditioning: Oct. 28, 29, 30; Nov. 1 at DSHS Stadium, 5:00-6:00pm <u>Frosh</u> pre-season conditioning: Oct. 22, 23, 29, 30 at Harper Jr High 5:15-6:15pm

GIRLS BASKETBALL

Varsity Coach: Heather Highshoe hhighshoe@djusd.net

JV Coach: TBA

Frosh Coach: Andy Zinkl andyzinkl@yahoo.com

Tryouts begin Monday, November 4 in the DHS South Gym

Seniors & Juniors: Nov. 4-6, 4:00-6:00pm; Nov. 7-8, announced at tryouts **Sophomores & Freshmen:** Nov. 4-6, 6:00-8:00pm; Nov. 7-8, announced at tryouts

Tryout times subject to change depending on volleyball schedule

WRESTLING

Head Coach: John Rosendale jrosendale@djusd.net

Wrestling begins November 4. Varsity practice will be held Monday to Friday from 4:00-6:00 in the DHS Wrestling/Dance room. JV practice (freshmen, sophomores and all new wrestlers) will be held Monday to Thursday from 6:15-8:00 and Fridays from 4:00-6:00. Participants should have wrestling shoes. Wrestling is a NO-CUT sport.

** Preseason Wrestling Conditioning practices on Tuesday/Thursday, during 7th period (for students who already have a free 7th period) in the DHS wrestling room.

BOYS SOCCER:

Varsity Coach: Alex Park apark@djusd.net Frosh Coach: Oliver Russell orussell@djusd.net

JV Coach: Fouzi Elmojahid felmojahid@djusd.net

Tryouts will be held on the DHS grass soccer field Monday Nov. 4 thru Wednesday Nov. 6. Varsity: 4-5:30 JV/Frosh 5:45-7:45 Please get to tryouts a 1/2 hour early on the first day to receive a tryout pinnie. Bring cleats, shin guards and water. Do not bring a soccer ball. No club or team shorts, shirts, or socks allowed during tryouts.

GIRLS SOCCER

Varsity Coach: Sara Stonesstone@djusd.netJV Coach: Mark Torgusonmtorguson@djusd.net

Tryouts will start Thursday, November 14: Varsity 4:00-5:30; JV 5:00-6:30 on the DHS grass soccer field. Bring cleats, shin guards, running shoes and water.

SKI TEAM

Coach: Bob Brewer <u>rbrewer@djusd.net</u>

Dry-land conditioning begins November 6 in the <u>DHS South Gym</u>: Mondays & Fridays, 7-8am; Wednesdays, 7:30-8:30am. Beginning in January, 'on snow practice' will be held on Saturdays; Races will be held on Mondays in January and February. All races and practices are in the Lake Tahoe area.

SNOWBOARD TEAM

Coach: Bill Williams bwilliams@djusd.net

The DHS Snowboard Team competes in the California-Nevada Interscholastic Ski and Snowboard Federation league. Dry-land conditioning starts on November 5: Tuesdays and Thursdays, 7:00-8:00am at the <u>DHS stadium</u> track area. 'On snow practice' starts mid-December. Practices are on most Sundays; Races are on Mondays in January and February. All races and practices are in the Lake Tahoe area. **Snowboard Info/Signup meeting: 10/29 @ 7pm in DSHS room L-20.**

^{**}Should you make a team, there is a mandatory parent/player meeting Saturday, Nov. 9th from 12:00-1:00 PM in the South Gym**